



Republic of the Philippines
Department of Environment and Natural Resources
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OCT 10 2023

SPECIAL ORDER
No.2023 - 657

SUBJECT : AUTHORIZING THE CONDUCT OF LECTURE ON MENTAL HEALTH AWARENESS

In the interest of the service and in line with the celebration of World Mental Health Day and in compliance with R.A 11036 Series of 2018 - Mental Health Act and CSC MC 4 Series of 2020 - Mental Health Program in the Public Sector, the conduct of Wellness on Wednesdays (WOW) Learning Series every Wednesday starting 10 October 2023 - 29 November 2023, via Zoom platform, is hereby authorized.

The schedules of the WOW Learning Series are the following:

Topic	Date
Know Your brain and Change your Life	10 October 2023
Stress Management	11 October 2023
Effects of Bullying and Harassment on Mental Health	18 October 2023
Blessedness in Pain	25 October 2023
Mind Your Mind: Calming the Storms Inside	8 November 2023
Impulsiveness and Money Problems: The Psychology Behind Accumulating Wealth vs Accumulating Debts	15 November 2023
Empathy at Work	22 November 2023
Anxiety, depression, and Panic Attacks	29 November 2023

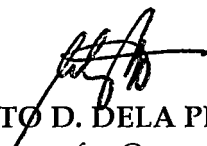
The activity aims to educate the participants, dispel the misconceptions surrounding mental health issues, enhance comprehension of their impact, and equip those who are affected. The program will be open to all officials and employees of the DENR Central Office, Regional Offices, Bureaus, and Attached Agencies.

The Human Resource Development Service - Training and Development Division shall lead the conduct of the said Lecture Series. All expenses to be incurred in this event shall be charged against HRDS Funds, subject to the usual accounting and auditing rules and regulations.

A report containing the highlights and recommendations shall be submitted to the undersigned fifteen (15) days after the completion of the activity.

The Assistant Secretary for Human Resources, Strategic Communication and Sectoral Initiatives is authorized to amend and/or re-schedule the activity, through a memorandum, in case of conflict with other activities of the Department.

This Order takes effect on the date herein specified unless otherwise reset to another date.


AUGUSTO D. DELA PEÑA
Undersecretary for Organizational
Transformation and Human Resources

